

The CDC recommends that people have at least a two-week supply of medications on hand.

The following changes have been made to our pharmacy benefit to help ensure our members can get their medications:

Refills
<ul style="list-style-type: none">• Early refills are allowed.• Opioid prescription limits and safety checks will remain in place.
Extended-day supply
<ul style="list-style-type: none">• Prescriptions can be filled for up to a 90-day supply. Please consider how much supply is truly necessary to ensure medication shortages are kept to a minimum.• Mental health medications (covered directly by the state) may be refilled early, but the day supply has not been extended at this time.• Quantity limits will still apply, for safety reasons. We will continue to evaluate as needs change.
Mail
<ul style="list-style-type: none">• Many pharmacies are offering delivery or mail service.• CareOregon also partners with two mail-order pharmacies: OHSU and OptumRx.<ul style="list-style-type: none">◦ There are links on the member page to sign up: https://careoregon.org/members/find-a-provider
Prior authorization
<ul style="list-style-type: none">• All medications that have a current authorization on file will have the expiration date extended by six months.• Prior authorization requirements will be turned back on. If you prescribed a medication during the period that PA was lifted, you may need to submit a PA request to continue therapy. Providers and members will receive a letter with instructions.• PA requests can now be submitted electronically in addition to fax. Send the PA request form and any chart notes to pharmacyPArequest@careoregon.org
Medication Shortages
<ul style="list-style-type: none">• CareOregon is monitoring medication shortages via contacts with local pharmacies and review of the FDA medication shortage list. We will act on them as necessary and appropriate.• If a patient of yours is having trouble filling their medications and you have already worked with their local pharmacy with no success, please call Pharmacy Customer Service at 503-416-4100. You will be asked to provide specifics such as medication name, strength and dosage form, the specific pharmacy called, and member information.