

Bimonthly Resource Digest Highlights — October 5, 2020:

Treating Suicidal Patients During COVID-19, by Suicide Prevention Resource Center (SPRC)

Description: SPRC's new webinar series, adapted from the well-received original "Treating Suicidal Patients During COVID-19: Best Practices and Telehealth," this expanded series takes a detailed approach for practitioners, including finer points of risk assessment and maintaining remote contact during the pandemic.

- In-depth guidance on assessment, intervention and prevention via telehealth.
- Learn strategies to engage your most vulnerable clients before and after a crisis.
- Tips to improve safety planning when using digital platforms.

Zero Suicide Implementation During the COVID-19 Pandemic, by Zero Suicide Institute

Description: PDF article reviewing recommended priority action steps for all provider types and settings, based on the seven elements of Zero Suicide, including adaptations for the unique challenges of the COVID-19 pandemic.

- Train your workforce for effective suicide prevention, intervention and postvention.
- Proven strategies to sharpen your screening and build an accurate risk formulation.
- Links to invaluable Zero Suicide guidance, resources and data to advance your clinical practice.

Your Recovery Is Important: Virtual Recovery Resources, by SAMHSA

Description: Member-facing document listing 15 virtual recovery support groups and other online sober resources. Includes both 12-step and non-12-step listings.

- Critical recovery and relapse prevention tools, available 24/7 at your clients' fingertips.
- Specialty resources including women-only recovery support, Buddhist-based 12-step groups, and more.
- Links to crisis hotlines, mobile apps and other resources clients can use today.

Guidance for Law Enforcement and First Responders Administering Naloxone, by SAMHSA

Description: PDF page reviewing guidelines for safe Naloxone administration during COVID-19.

- Official instruction for life-saving treatment of opioid overdose.
- Guidance on reducing risk of infection to the interventionist and individual during Naloxone administration.
- Simple, straightforward document with link to SAMHSA's Opioid Overdose Prevention Toolkit for additional resources.

A master list of 100 resources identified by the CareOregon Behavioral Health Department can be found on the [CareOregon COVID-19 Provider Information webpage](#).

Thank you for the work you are doing, especially in these complex times.

Sincerely,

CareOregon Behavioral Health Department