By getting the COVID-19 vaccine, you helped us all take another step toward life returning to normal. Please help as many people as possible be protected by the vaccine. Take a minute to think about who you could encourage to get the vaccine, and fill in the blanks:

*I want ________________ to stay healthy, so I’ll help them get the COVID vaccine by ____________________.*

You can help people locate nearby vaccine sites at getvaccinated.oregon.gov/#/locator or use social media to explain why you got the vaccine, using the hashtag #MyVaccineReason

Everyone ages 12 and older can get the vaccine. Let’s all help each other get to better days ahead!
We care about you after your vaccine, too!

Get started with v-safe

Use your smartphone to tell CDC about any side effects you experience after getting the COVID-19 vaccine. You’ll also get reminders if you need a second dose.

Visit vsafe.cdc.gov or scan QR code to the left to sign up.

Parents and guardians can enroll children ages 12 and older in v-safe, too!

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