

2022

Annual Notice of Changes

CareOregon Advantage **Plus** (HMO-POS SNP)

For Oregon counties: Clackamas, Columbia, Jackson,
Multnomah, Tillamook, and Washington

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CareOregon Advantage Plus (HMO-POS SNP) offered by Health Plan of CareOregon, Inc.

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You are currently enrolled as a member of CareOregon Advantage Plus. Next year, there will be some changes to the plan's costs and benefits. This booklet tells about the changes.

What to do now

1. **ASK: Which changes apply to you**

- Check the changes to our benefits and costs to see if they affect you.
 - It's important to review your coverage now to make sure it will meet your needs next year.
 - Do the changes affect the services you use?
 - Look in Sections 1.1 and 1.5 for information about benefit and cost changes for our plan.
- Check the changes in the booklet to our prescription drug coverage to see if they affect you.
 - Will your drugs be covered?
 - Are your drugs in a different tier, with different cost sharing?
 - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
 - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
 - Review the 2022 Drug List and look in Section 1.6 for information about changes to our drug coverage.
 - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit [go.medicare.gov/drugprices](https://www.go.medicare.gov/drugprices), and click the "dashboards" link in the middle of the second Note toward the bottom of the page. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.

- Check to see if your doctors and other providers will be in our network next year.
 - Are your doctors, including specialists you see regularly, in our network?
 - What about the hospitals or other providers you use?
 - Look in Section 1.3 for information about our *Provider Directory*.
- Think about your overall health care costs.
 - How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
 - How much will you spend on your premium and deductibles?
 - How do your total plan costs compare to other Medicare coverage options?
- Think about whether you are happy with our plan.

2.COMPARE: Learn about other plan choices

- Check coverage and costs of plans in your area.
 - Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plan-compare website.
 - Review the list in the back of your Medicare & You 2022 handbook.
 - Look in Section 2.2 to learn more about your choices.
- Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

3.CHOOSE: Decide whether you want to change your plan

- If you don't join another plan by December 7, 2021, you will be enrolled in CareOregon Advantage Plus.
- If you want to change to a different plan that may better meet your needs, you can switch plans between October 15 and December 7. Look in section 2.2, page 16 to learn more about your choices.

4.ENROLL: To change plans, join a plan between October 15 and December 7, 2021

- If you don't join another plan by December 7, 2021, you will be enrolled in CareOregon Advantage Plus.
- If you join another plan between October 15 and December 7, 2021, your new coverage will start on January 1, 2022. You will be automatically disenrolled from your current plan.

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Additional Resources

- Please contact our Customer Service number at 503-416-4279 or toll free, 888-712-3258 for additional information. (TTY users should call 711.) We are available for phone calls from October 1 to March 31, 7 days a week from 8 a.m. to 8 p.m., and from April 1 to September 30, Monday through Friday from 8 a.m. to 8 p.m.
- This information is available in a different format, including braille and large print. Please call Customer Service (phone numbers are in Section 6.1 of this booklet) if you need plan information in another format.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at **www.irs.gov/Affordable-Care-Act/Individuals-and-Families** for more information.

About CareOregon Advantage Plus

- CareOregon Advantage Plus is an HMO-POS SNP with a Medicare/Medicaid contract. Enrollment in CareOregon Advantage Plus depends on contract renewal. The plan also has a written agreement with the Oregon Medicaid program to coordinate your Medicaid benefits.
- When this booklet says “we,” “us,” or “our,” it means Health Plan of CareOregon Inc. When it says “plan” or “our plan,” it means CareOregon Advantage Plus.

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Summary of Important Costs for 2022

Summary of Important Costs for 2022

The table below compares the 2021 costs and 2022 costs for CareOregon Advantage Plus in several important areas. Please note this is only a summary of changes. A copy of the Evidence of Coverage is located on our website at careoregonadvantage.org/materials. You may also call Customer Service to ask us to mail you an Evidence of Coverage. If you are eligible for Medicare cost-sharing assistance under Medicaid, you pay \$0 for your deductible, doctor office visits, and inpatient hospital stays.

Cost	2021 (this year)	2022 (next year)
Monthly plan premium* *Your premium may be higher or lower than this amount. See Section 1.1 for details.	\$36.00	\$40.50
Deductible	\$203	In 2021, this amount was: \$203 These amounts may change for 2022.
Doctor office visits	In and Out-of-Network: Primary care visits: 20% per visit Specialist visits: 20% per visit	In and Out-of-Network: Primary care visits: 20% per visit Specialist visits: 20% per visit

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Cost	2021 (this year)	2022 (next year)
<p>Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor’s order. The day before you are discharged is your last inpatient day.</p>	<ul style="list-style-type: none"> • \$1,484 deductible for each benefit period • Days 1-60: \$0 coinsurance for each benefit period • Days 61-90: \$371 coinsurance per day of each benefit period • Days 91-150: \$742 coinsurance per each “lifetime reserve day” after day 90 for each benefit period (up to 60 days over your lifetime) 	<p>In 2021, the amounts were:</p> <ul style="list-style-type: none"> • \$1,484 deductible for each benefit period • Days 1-60: \$0 coinsurance for each benefit period • Days 61-90: \$371 coinsurance per day of each benefit period • Days 91-150: \$742 coinsurance per each “lifetime reserve day” after day 90 for each benefit period (up to 60 days over your lifetime) <p>These amounts may change for 2022.</p>
<p>Part D prescription drug coverage (See Section 1.6 for details.)</p>	<p>Deductible: \$445 Copayments during the Initial Coverage Stage: Generic Drugs (or brand named-drugs treated as generic):</p> <ul style="list-style-type: none"> • You pay \$0/\$1.30/\$3.70 per prescription <p>All other drugs:</p> <ul style="list-style-type: none"> • You pay \$0/\$4.00/\$9.20 per prescription 	<p>Deductible: \$480 Copayments during the Initial Coverage Stage: Generic Drugs (or brand named-drugs treated as generic):</p> <ul style="list-style-type: none"> • You pay \$0/\$1.35/\$3.95 per prescription <p>All other drugs:</p> <ul style="list-style-type: none"> • You pay \$0/\$4.00/\$9.85 per prescription

Summary of Important Costs for 2022

Cost	2021 (this year)	2022 (next year)
<p>Maximum out-of-pocket amount This is the most you will pay out-of-pocket for your covered Part A and Part B services. (See Section 1.2 for details.)</p>	<p>\$3,450 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>	<p>\$3,400 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.</p>

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SECTION 1 Changes to Benefits and Costs for Next Year

Section 1.1 – Changes to the Monthly Premium

Cost	2021 (this year)	2022 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	\$36.00	\$40.50

Section 1.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

Cost	2021 (this year)	2022 (next year)
Maximum out-of-pocket amount Because our members also get assistance from Medicaid, very few members ever reach this out-of-pocket maximum. You are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Your costs for covered medical services (such as copays and deductibles) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.	\$3,450	\$3,400 Once you have paid \$3,400 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.

Section 1.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at careoregonadvantage.org/providersearch. You may also call Customer Service for updated provider information or to ask us to mail you a *Provider Directory*. **Please review the 2022 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.**

It is important that you know that we may make changes to the hospitals, doctors, and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan, you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days' notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
- If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.
- If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.
- If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

Section 1.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at careoregonadvantage.org/pharmacy. You may also call Customer Service for updated provider information or to ask us to mail you a *Pharmacy Directory*. **Please review the 2022 Pharmacy Directory to see which pharmacies are in our network.**

Section 1.5 – Changes to Benefits and Costs for Medical Services

Please note that the *Annual Notice of Changes* tells you about changes to your **Medicare** benefits and costs.

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see *Chapter 4, Benefits Chart (what is covered and what you pay)*, in your *2022 Evidence of Coverage*. A copy of the Evidence of Coverage is located on our website at **careoregonadvantage.org/materials**. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Opioid treatment program services

Members of our plan with opioid use disorder (OUD) can receive coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services:

- U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications.
- Dispensing and administration of MAT medications (if applicable)
- Substance use counseling
- Individual and group therapy
- Toxicology testing
- Intake activities
- Periodic assessments

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Cost	2021 (this year)	2022 (next year)
Dental services	Comprehensive and preventive dental services are not covered.	Comprehensive and preventive dental services are covered up to the \$1500 annual maximum allowance of the Visa Flex Card.
Visa Flex Card	The Visa Flex Card is not a covered benefit.	With the Visa Flex Card, you get \$1500 per year to cover out-of-pocket expenses at a dental provider.
Fitness benefit	<p>This benefit is offered through Silver&Fit® Healthy Aging and Exercise Program. The following choices are available to you at no cost:</p> <p>You can select one (1) Stay Fit Kit and one (1) Home Fitness Kit each benefit year.</p>	<p>This benefit is offered through Silver&Fit® Healthy Aging and Exercise Program. The following is available to you at no cost:</p> <p>You can select one (1) Home Fitness Kit each benefit year.</p>
Meal delivery program (for post-discharge only)	You pay nothing for up to 14 days of meals (maximum 28 meals, or two meals per day) post-discharge.	You pay nothing for up to 28 days of meals (maximum 56 meals, or two meals per day) post-discharge.
Opioid treatment program services	You pay 20% of the total cost for Medicare-covered opioid use disorder treatment services.	You pay 0% of the total cost for Medicare-covered opioid use disorder treatment services.

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Cost	2021 (this year)	2022 (next year)
OTC <i>plus</i> Card	With the combined OTC <i>plus</i> Card, you get \$190 every three months (quarterly) to purchase health related over-the-counter items and/ or Healthy Foods using a preloaded card at participating retailers.	With the combined OTC <i>plus</i> Card, you get \$390 every three months (quarterly) to purchase health related over-the-counter items and/ or Healthy Foods using a preloaded card at participating retailers.
Special supplemental benefits for hypertension	Special supplemental benefits for those with hypertension are not covered.	For those diagnosed with hypertension, you pay nothing for one blood pressure monitoring device per year from approved models.
Virtual visits	Virtual visits are not covered.	You pay \$0 copay per visit with Doctor on Demand. Available 24/7, visit with board-certified doctors through video chat or phone for prescriptions, treatment of non-emergency health issues, and more.
Vision care	You pay nothing for up to 1 pair of basic eyeglass lenses per year (including standard progressive lenses).	You pay nothing for up to 1 pair of basic or premium eyeglass lenses per year (including standard or custom progressives and high index lenses).

Section 1.6 – Changes to Part D Prescription Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically. **You can get the complete Drug List** by calling Customer Service (see the back cover) or visiting our website (careoregonadvantage.org/druglist).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug. **We encourage current members** to ask for an exception before next year.
 - » To learn what you must do to ask for an exception, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Customer Service.
- **Work with your doctor (or prescriber) to find a different drug** that we cover. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the *Evidence of Coverage*.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

CareOregon Advantage will provide you with a meaningful transition if you are a current member whose drugs are no longer on the formulary, or remain on the formulary but now have prior authorization, quantity limits or step therapy restrictions. There are two ways we do this:

1. Prior to the new year, we will work with you and your provider to transition you to a different drug or complete requests for a formulary exception or
2. We will provide you with a one-time temporary supply during the first 108 days of the new year. During this time, you can switch to a different drug or ask us to make an exception and cover your current drug for you.

For current members who were receiving non-formulary drugs approved through the exception process and the authorization has expired, you will need to request an exception to continue the non-formulary drug.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor

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(or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the *Evidence of Coverage*.)

Changes to Prescription Drug Costs

Note: If you are in a program that helps pay for your drugs (“Extra Help”), **the information about costs for Part D prescription drugs may not apply to you.** We have included a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. Because you receive “Extra Help,” if you didn’t receive this insert with this packet, please call Customer Service and ask for the “LIS Rider”.

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your *Evidence of Coverage* for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look in your *Summary of Benefits* or at Chapter 6, Sections 6 and 7, in the *Evidence of Coverage*.)

Changes to the Deductible Stage

Stage	2021 (this year)	2022 (next year)
Stage 1: Yearly Deductible Stage During this stage, you pay the full cost of your Part D drugs until you have reached the yearly deductible.	The deductible is \$0 or \$445. If you receive “Extra Help,” this payment stage does not apply to you.	The deductible is \$0 or \$480. If you receive “Extra Help,” this payment stage does not apply to you.

Changes to Your Cost Sharing in the Initial Coverage Stage

To learn how copayments and coinsurance work, look at Chapter 6, Section 1.2, Types of out-of-pocket costs you may pay for covered drugs in your **Evidence of Coverage**.

Stage	2021 (this year)	2022 (next year)
<p>Stage 2: Initial Coverage Stage Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.</p> <p>The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing.</p> <p>For information about the costs for a long-term supply, or for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.</p> <p>We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List.</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</p> <p>Tier 1 - Generic drugs or Brand drugs treated as generic: You pay \$0/\$1.30/\$3.70 per prescription</p> <p>Tier 2 - Brand drugs: You pay \$0/\$4.00/\$9.20 per prescription</p> <hr/> <p>Once you have paid \$6,550 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).</p>	<p>Your cost for a one-month supply filled at a network pharmacy with standard cost-sharing:</p> <p>Generic drugs or Brand drugs treated as generic: You pay \$0/\$1.35/\$3.95 per prescription</p> <p>Brand drugs: You pay \$0/\$4.00/\$9.85 per prescription</p> <hr/> <p>Once you have paid \$7,050 out-of-pocket for Part D drugs, you will move to the next stage (the Catastrophic Coverage Stage).</p>

Changes to the Coverage Gap and Catastrophic Coverage Stages

The Coverage Gap Stage and the Catastrophic Coverage Stage are two other drug coverage stages for people with high drug costs. **Most members do not reach either stage.**

For information about your costs in these stages, look at your Summary of Benefits or at Chapter 6, Sections 6 and 7, in your **Evidence of Coverage**.

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Changes to Your Cost Sharing If You Receive “Extra Help”

2021 (this year)	2022 (next year)
For people with diabetes who have drug copays and take an approved drug: \$0 copayments when you fill a three-month supply (84-90 days).	For those with “Extra Help” who have drug copays: \$0 copayments when you fill a three-month supply (84-90 days) for maintenance drugs. ¹ \$0 copayment for Part D vaccines.

¹ Maintenance drugs are drugs that you take on a regular basis, for a chronic or long-term medical condition. You can use our Drug List to see if your drug is a maintenance drug. These drugs are marked as “mail-order” drugs in our Drug List.

SECTION 2 Deciding Which Plan to Choose

Section 2.1 – If you want to stay in CareOregon Advantage Plus

To stay in our plan you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our CareOregon Advantage Plus.

Section 2.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change for 2022 follow these steps:

Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- **Or** You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan.

To learn more about Original Medicare and the different types of Medicare plans, read the *Medicare & You 2022* handbook, call your State Health Insurance Assistance Program (see Section 4), or call Medicare (see Section 6.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to www.medicare.gov/plan-compare. **Here, you can find information about costs, coverage, and quality ratings for Medicare plans.**

Step 2: Change your coverage

- To **change to a different Medicare health plan**, enroll in the new plan. You will automatically be disenrolled from CareOregon Advantage Plus.
- To **change to Original Medicare with a prescription drug plan**, enroll in the new drug plan. You will automatically be disenrolled from CareOregon Advantage Plus.
- To **change to Original Medicare without a prescription drug plan**, you must either:
 - » Send us a written request to disenroll. Contact Customer Service if you need more information on how to do this (phone numbers are in Section 6.1 of this booklet).
 - » **or** Contact **Medicare**, at 800-MEDICARE (800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 877-486-2048.

If you switch to Original Medicare and do **not** enroll in a separate Medicare prescription drug plan, Medicare may enroll you in a drug plan unless you have opted out of automatic enrollment.

SECTION 3 Changing Plans

If you want to change to a different plan or Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2022.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year.

If you enrolled in a Medicare Advantage plan for January 1, 2022, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2022. For more information, see Chapter 10, Section 2.3 of the *Evidence of Coverage*.

SECTION 4 Programs That Offer Free Counseling about Medicare and Medicaid

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Oregon, the SHIP is called Senior Health Insurance Benefits Assistance (SHIBA).

SHIBA is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare. SHIBA counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call SHIBA at 800-722-4134. You can learn more about SHIBA by visiting their website at shiba.oregon.gov.

For questions about your Oregon Health Plan (Medicaid) benefits, contact Oregon Health Plan Client Services toll-free at 800-273-0557 (TTY 711). They are available 8 am to 5 pm. You also can call your coordinated care organization (CCO) if you are enrolled in one. Ask how joining another plan or returning to Original Medicare affects how you get your Oregon Health Plan coverage.

SECTION 5 Programs That Help Pay for Prescription Drugs

You may qualify for help paying for prescription drugs. Below we list different kinds of help:

- **“Extra Help” from Medicare.** Because you have Medicaid, you are already enrolled in “Extra Help,” also called the Low Income Subsidy. “Extra Help” pays some of your prescription drug premiums, annual deductibles and coinsurance. Because you qualify, you do not have a coverage gap or late enrollment penalty. If you have questions about “Extra Help”, call:
 - » 800-MEDICARE (800-633-4227). TTY users should call 877-486-2048, 24 hours a day/7 days a week;
 - » The Social Security Office at 800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 800-325-0778 (applications); or
 - » Your State Medicaid Office (applications).
- **Help from your state’s pharmaceutical assistance program.** Oregon has a program called Oregon Prescription Drug Program that helps people pay for prescription drugs based on their financial need, age, or medical condition. To learn more about the program, check with your State Health Insurance Assistance Program (the name and phone numbers for this organization are in Section 4 of this booklet).
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the CAREAssist program. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 971-673-0144, or toll free 800-805-2313.

SECTION 6 Questions?

Section 6.1 – Getting Help from CareOregon Advantage Plus

Questions? We're here to help. Please call Customer Service at 503-416-4279 or toll free, 888-712-3258. (TTY only, call 711.) We are available for phone calls from October 1 to March 31, 7 days a week from 8 a.m. to 8 p.m., and from April 1 to September 30, Monday through Friday from 8 a.m. to 8 p.m..

Read your 2022 Evidence of Coverage (it has details about next year's benefits and costs)

This *Annual Notice of Changes* gives you a summary of changes in your benefits and costs for 2022. For details, look in the 2022 *Evidence of Coverage* for CareOregon Advantage Plus. The *Evidence of Coverage* is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the *Evidence of Coverage* is located on our website at careoregonadvantage.org/materials. You may also call Customer Service to ask us to mail you an *Evidence of Coverage*.

Visit our Website

You can also visit our website at careoregonadvantage.org. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (*Formulary/Drug List*).

Section 6.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 800-MEDICARE (800-633-4227)

You can call 800-MEDICARE (800-633-4227), 24 hours a day, 7 days a week. TTY users should call 877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage,

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and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).

Read *Medicare & You 2022*

You can read the *Medicare & You 2022* handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling

800-MEDICARE (800-633-4227), 24 hours a day, 7 days a week. TTY users should call 877-486-2048.

Section 6.3 – Getting Help from Medicaid

To get information from Medicaid you can call Oregon Health Plan Client Services toll-free at 800-273-0557. TTY users should call 711.

CareOregon Advantage Customer Service

CALL: 503-416-4279 or toll-free 888-712-3258, TTY 711

HOURS OF OPERATION:

8 a.m. to 8 p.m. seven days a week, October 1 to March 31

8 a.m. to 8 p.m. Monday through Friday, April 1 to September 30



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