## **Fall 2019 Development Investment Grants**

#### Housing

\$40,000	CARE, Inc.	Tillamook Co.	Housing Pre-Development Project
\$35,000	Quest Center for Integrative Health	Multnomah	LGBTQ+ Alcohol and Drug Free Housing
\$25,000	Rogue Retreat	Jackson Co.	Kelly Shelter Program Support
\$20,000	IRCO	Multnomah	Housing Program, Single Immigrants and
\$120,000	TOTAL - Housing		Refugees

#### **Adverse Childhood Experiences (ACEs)**

\$40,000	POIC/Rosemary Anderson	Multnomah	In-School Mental Health Counselors
\$35,000	Family Nurturing Center	Jackson Co.	Grandma2Go Program Support
\$20,000	Elevate Oregon	Multnomah	Parkrose Middle School – Teach Mentor Support
\$25,000	Girl Scouts of Oregon and SW Washington	Multnomah	Girls Scouts Beyond Bars Program Support
\$25,000	Shadow Project	Multnomah	Centennial School District Program Expansion
\$145,000	Total - ACEs		
\$265,000	TOTAL - Fall 2019 recommendations		

#### CARE, Inc.

### www.careinc.org

Amount: \$40,000

Project Description: Tillamook Affordable Housing Pre-Development. CARE, Inc. is the only social service agency in Tillamook County providing emergency resources and housing assistance to our homeless and low- to middle-income residents. Our current services include housing assistance and shelter, assisted living facilities for seniors and the disabled, case management services, parenting support, and much more. This project will conduct the pre-development phases of four distinct housing developments, three to provide long-term, stable and affordable housing for low-income, including those experiencing

homelessness; and a fourth providing temporary shelter for the homeless. The CareOregon grant will support the pre-development of one long-term housing project and one-third of the sheltering program. Funds from Care Oregon will cover consulting fees for project period and other expenses.

#### **Quest Center for Integrative Health**

www.quest-center.org

Amount: \$35,000

Project Description: LGBTQ+ Alcohol and Drug Free Housing. In April 2019, Quest opened the first LGBTQ+ culturally specific alcohol and drug free house in Oregon. The Quest House now provides safe and sober housing for LGBTQ+ individuals and people living with HIV in our recovery program (Finding and Sustaining Recovery FSR). Many LGBTQ+ people in our community who experience housing insecurity also live with concurrent healthcare issues: addiction, being HIV+, suffering from chronic pain and/or mental illness. By providing our clients with the appropriate outpatient recovery services and a safe and sober place to live, their chances of gaining sustainability in their recovery will significantly increase, as will their overall health outcomes. For these reasons this project aligns with CareOregon's focus of investing in housing supportive services. CareOregon funding will support a full time House Peer Mentor.

#### **Rogue Retreat**

https://www.rogueretreat.com/

Amount: \$25,000

Project Description: Kelly Shelter Expansion. The mission of Rogue Retreat is to create opportunities for the homeless to have hope. Rogue Retreat is a 501(c)3 non-profit organization that envisions a community where people who have been homeless have a place to call home and are empowered to strengthen the quality of their lives. Rogue Retreat gives hope to the homeless through life coaching, affordable housing and accountability accomplished through case management, housing inspections, and life-skills training classes and a healthy living environment. Through a partnership with ACCESS (Non-Profit Community Action Agency for Jackson County) Rogue Retreat is expanding The Kelly Shelter (a winter emergency homeless shelter for the past three years) into a 54 bed year round transitional shelter in Jackson County. ACCESS received grant funding from the State of Oregon to help increase shelter opportunities. The funds were meant for capital purchases and as a result, ACCESS engaged in a partnership with Rogue Retreat to expand the shelter. ACCESS has purchased a large facility and is finishing renovations on the future home of the Kelly Shelter year round program. Rogue Retreat's lease on the facility begins on November 1st, 2019 and Rogue Retreat plans to open the Kelly Shelter by the end of November, 2018. Care Oregon funds will be used to help support the hiring and training of new staff, and to support start up shelter operations as we expand our seasonal shelter into a year round facility.

#### **IRCO (Immigrant and Refugee Community Organization)**

www.irco.org

Amount: \$20,000

Project Description: Refugee and Immigrant Housing for Single Individuals. IRCO's housing program is an existing service which is tailored to the specific needs of underserved immigrant and refugee households uncomfortable and unfamiliar with mainstream programs, who demonstrate increased risk of homelessness and significant health disparities. The funding requested from CareOregon will focus on one portion of that population, single adults. Overall, our housing program engages hundreds of people annually, the majority of whom are families with children. Unfortunately, at this time, single adults (e.g., elders or disabled populations) with significant linguistic barriers to mainstream services, have limited

resources to meet their needs. Provision of culturally specific rental assistance services in conjunction with case management allows us to quell negative health consequences in these communities before they start. CareOregon funding will fill in an immediate gap so IRCO can offer supports to immigrants and refugees via culturally specific individualized coaching. Short-term goals include getting an individual out of debt and rental arrears. Long-term goals include ways for the household to remain financially stable because of rental relief, and thus have the time, energy and resources to obtain and retain healthcare, improving overall health awareness. Our Advocates not only ensure that these vulnerable populations secure stable housing, they also address cultural and linguistic barriers to equitable health care. CareOregon funds will support case management for 15 immigrant and refugee community members meeting the general fund poverty guidelines and eligible for rental and energy assistance through existing programming at IRCO.

# Portland Opportunities Industrialization Center/Rosemary Anderson School www.portlandoic.org

Amount: \$40,000

Project Description: Lead the Change: In-School Mental Health Services for Vulnerable Youth.

POIC+RAHS is committed to the future success of at-risk youth through the age of 25, providing the highest quality services in education, mentoring, family outreach, employment training and placement. For over 50 years, POIC+RAHS has been a beacon for communities of color, creating opportunities for marginalized individuals while working against discriminatory practices. POIC+RAHS recognizes the importance of educating teachers, other staff, students, and parents on mental health. In addition to hiring its first Mental Health Counselor in 2017, POIC+RAHS continued to make it a priority to introduce a variety of suicide prevention training, tools, and curricula into its schools as parts of its comprehensive mental health services. After welcoming a second full-time Mental Health Counselor in 2018, POIC+RAHS quickly realized that to effectively respond to this urgent need, POIC+RAHS would need to have a Mental Health Counselor at each POIC+RAHS school location, in addition to current case managers and social workers. Funding will support the expansion of mental health services, including hiring two additional Mental Health Counselors who will work directly with students while providing additional training and resources to all POIC+RAHS staff.

#### **Family Nurturing Center**

www.familynurturingcenter.org

Amount: \$35,000

Project Description: Orchid Babies Bonding Program/Grandmas2Go. Family Nurturing Center (FNC) build resilience through a strengths-based approach emphasizing validation and focusing on already possessed strengths. This approach is accomplished by supporting children's safety, strengthening the family, increasing protective factors, helping families to meet basic needs, supporting social/emotional development and self-regulation, developing problem-solving/crisis management skills and, importantly, building secure attachments and support systems. By supporting children and families to heal, cultivating innate strengths, building self-sufficiency and providing interventions to break the cycle of abuse and neglect, FNC works to build a resilient community of families to raise safe thriving children. The Grandma2Go Orchid Babies Bonding Program is a new and innovative model that supports any parent(s) who have a high needs infant. Because the causes of these needs can vary, there is no stigma attached to the additional care that is required, as many parents can give birth to a high needs baby. Funds will be used to formalize the program under FNC, including staff costs, program costs and volunteer training costs.

#### **Elevate Oregon**

#### www.elevateoregon.org

Amount: \$20,000

Project Description: After-School Programming Positively Impacting Social Determinants of Health for Parkrose Middle School Youth. An upstream solution, Elevate Oregon builds relationships with youth to promote education, self-reliance and achievement in the Parkrose School District (PRSD). Through long-term, culturally responsive instruction and mentoring support, we empower young people toward success and leadership, with the goal that they become a strong positive influence in the community. Our model of mentoring support in stable, positive relationships with trained TeacherMentors, combined with focused curriculum for life skills development and character building, can truly be life-changing, and even life-saving. This project will support and/or expand four key out-of-school program components for Parkrose Middle School students enrolled in Elevate Oregon: 1:1 mentoring, Middle Lift, 5th-to-6th Transition, and the Elevate After-School Program. Funds will pay for a portion of Teacher Mentor salaries.

#### **Girl Scouts of Oregon and SW Washington**

http://www.girlscoutsosw.org/

Amount: \$25,000

Project Description: Girl Scouts Beyond Bars (GSBB). Girl Scouts of Oregon and Southwest Washington's (GSOSW) Girl Scouts Beyond Bars (GSBB) program serves girls whose mothers or grandmothers are incarcerated at Coffee Creek Correctional Facility (Coffee Creek), Oregon's only women's prison, located in Wilsonville, Oregon. Far more than a visitation program, a primary part of GSBBs mission is to lessen the impact of parent-child separation during parental incarceration and strengthen bonds while girls and adult participants access and develop social emotional learning skills--positive decision-making, trust building, healthy boundary-setting, self-confidence, resilience, and leadership--in a supportive environment. The GSBB program has been offered in partnership with Coffee Creek Correctional Facility through GSOSW since 2001. It is currently one of only a few youth-focused programs available at Coffee Creek, and we are the only youth-focused program offered at the Medium facility. Funds will support general program costs, including some staffing, transportation and other program costs.

#### **The Shadow Project**

http://www.shadow-project.org/

Amount: \$25,000

Project Description: Pioneering District-Wide Social Emotional Learning for Children with Disabilities The Shadow Projects SuperSensory Space program, which CareOregon has played a key role in supporting, helps children master self-regulation, a key social emotional skill predictive of academic success and positive health outcomes. An external evaluation found that 73% of students with our sensory spaces strengthen self-regulation. A CareOregon grant would scale Shadows SuperSensory space program, making it the first district-wide implementation in the state, paving the way for transforming how our school districts advance education and health equity for our most vulnerable students. Shadow Project will expand to Centennial Districts 7 elementary schools. CareOregon funds will support program operations.