

## Bi-monthly Resource Digest Highlights — September 22, 2020:

### **Remote Home Visitation: Supporting Clients Experiencing IPV in the Time of COVID-19** by Futures Without Violence

**Description:** 1.5 hour archived webinar for clinical and non-clinical social service providers seeking strategies for delivering trauma-informed support to survivors with children.

- Learn the simple, effective CUES (Confidentiality, Universal Education and Empowerment, and Safer Supports) script for survivor-centered assessment and intervention.
- Identify COVID-specific risk factors and warning signs of abuse.
- Adapt your distance interventions to support clients across a variety of platforms and urgent situations.

### **Technology Safety: Digital Services Toolkit** by the National Network to End Domestic Violence

**Description:** Landing page of links to telehealth best practices with topic-specific links on platform selection and guidance for safe phone/text outreach with survivors living with an abusive partner.

- One-stop destination offering webinars, safety considerations and critical resources.
- Learn how to assess your client's stage of readiness for domestic violence services.
- Tips to make your telehealth practice safer for clients facing intimate partnerviolence.

### **Staying Safe During COVID-19** by the National Domestic Violence Hotline

**Description:** Article reviewing COVID-specific abuser tactics and safety recommendations for survivors and providers, including resource links.

- Learn to address new challenges and safety risks facing survivors in quarantine.
- Access links to safety planning resources and strategies.
- Self-care resources for friends and victim advocates.

### **Using Technology to Communicate with Survivors During a Public Health Crisis** by the National Network to End Domestic Violence

**Description:** English, Spanish and PDF downloadable article overviewing key considerations for telehealth with DV survivors, including safety planning resources and secure telehealth platforms.

- Fast access to crucial guidance for providers using digital platforms to serve survivors.
- Key considerations for improving access to care for those impacted by domestic violence.
- Accessible overview of the privacy features on common telehealth platforms.

A master list of 100 resources identified by the CareOregon Behavioral Health Department can be found on the [CareOregon COVID-19 Provider Information webpage](#).

Thank you for the work you are doing, especially in these complex times.

Sincerely,

CareOregon Behavioral Health Department