



Overview

Physical health complaints do not always stand alone. Mental health, substance use, and many other factors can directly affect our health. The Addictions Benefit Coordination program is a unique collaboration between CareOregon and Multnomah Mental Health aimed at connecting members to addiction services and helping them transition between levels of care. The Addictions Benefit Coordinator (ABC) team can help ensure that, rather than “falling through the cracks,” patients can access the comprehensive, integrated resources they need to promote a full and healthy life.

To make a referral or for more information, please contact:

Multnomah Mental Health
Customer Service
503-988-5887

Addictions Benefit Coordination Team
ABCTeam@multco.us

This project is offered in partnership with:



Addictions Benefit Coordinator Team



A partnership between Multnomah Mental Health and CareOregon



Focus of the Program

The Addictions Benefit Coordination Pilot Project is a collaboration between Multnomah Mental Health and CareOregon.

The goal of the project is to increase access to treatment services for clients exiting Hooper Detox, and to help members navigate the treatment system as they move through a continuum of care including residential, outpatient, and recovery support services.

The ABC team uses a person centered approach working with members to address their individual treatment needs, help them navigate the treatment system, choose the best provider for their needs, and help address any barriers to treatment admission.

Services provided

ABC team members:

- Respond to requests for outreach, ideally meeting with the client while in a facility or at a provider.
- Perform a brief screening and develop a plan with the client to meet their needs and remove barriers to care.
- Coordinate with community alcohol and drug treatment providers, including detox, residential, outpatient, and recovery support services.
- Accompany a patient to the first appointment, if desired.
- Serve as an ongoing point of contact for the patient and clinician as they move through the Levels of Care.

Criteria for an appropriate referral

The client:

- Is a Multnomah Mental Health and CareOregon client.
- Can be at any stage of change, but must consent to speak with ABC team member.

