



Care coordination for **American Indian** and **Alaska Native** OHP members



You deserve great care. We're here to help you get it.



What is Spirit of Healing?







It's a care coordination program for American Indian and Alaska Native members who live in Clackamas, Multnomah and Washington counties. It was created to help you make the most of your Oregon Health Plan (OHP) member benefits. **These benefits include physical, dental, and mental health and substance use care.**

What is care coordination?

We know health care can be hard to figure out. Care coordination means we will help you make sense of your benefits and services, so you can get the care you need. **Here are some things Spirit of Healing can do for you:**

- ◆ Find a provider or a specialist, including a dentist
- ◆ Help you make appointments
- ◆ Create an Individual Care Plan (ICP) that leads to a healthier mind, body and spirit
- ◆ Find a counselor or support group
- ◆ Get equipment, supplies or services you need through the OHP
- ◆ Help you get answers to your health questions -- just call our toll-free, 24/7 nurse advice line at 866-209-0905.
- ◆ And more!

What services can you help me with?

-  Chronic disease management for things like diabetes and heart disease
-  Help with quitting smoking
-  Dental services
-  Recovery from drug and/or alcohol use
-  Mental health services like counseling or behavioral therapy
-  Pre-cancer screening

We're honored to be a part of your health care team

Spirit of Healing care coordination services are **available to you at no cost and are completely voluntary.** If you would like to know more, talk to your provider, or call our Customer Service at 833-689-2645.



Spirit of Healing

Do you have any questions about our care coordination services? Call our Customer Service at 833-689-2645, TTY 711.

Hours: Monday through Friday, 8 a.m. to 5 p.m.

1776 SW Madison, Portland, OR 97205



You can get this in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 833-689-2645 or TTY 711.

