

Eligibility Criteria for CAIR Healthy Homes Asthma program

1. Must be a resident of Multnomah County
2. At or below 80 % Median Household Income for Household or under 200% of the Federal Poverty Level
3. Must have a child living in the home 18 or under.
4. A child in the home must be experiencing one of the following health conditions:
 - a. Respiratory Problems - (this includes wheezing, pneumonia, bronchitis, chronic cough, bronchiolitis)
 - b. Skin Conditions - (includes eczema, dermatitis)
 - c. Allergies - (chronic runny or stuffy nose, eye redness/irritation, hives, chronic sore throat, chronic sneezing, congestion related headaches)
 - d. Asthma Categories -
 - a. Intermittent Asthma
 - b. Mild Persistent
 - c. Moderate Persistent
 - d. Severe Persistent
 - e. Asthma (Unspecified)
 - e. Reactive Airway Disease
 - f. Suspected Acute Toxicity – which is relieved by leaving the home or worsens in the home
 - g. Any other health issue should be discussed with the CAIR Nurse before referral to CAIR

Eligibility for AIR or Healthy Homes

1. Must be a resident of Multnomah County
2. Referral should come from a medical provider
3. Must have a child living in the home 18 or under
4. Child must be diagnosed with Asthma or Reactive Airway Disease

Logon at <http://www3.multco.us/CAIR/> to make a referral to any of our Healthy Homes Asthma Programs



Community Asthma Inspection and Referral Program (CAIR)

Multnomah County Health Department-

Environmental Health Unit

3653 SE 34th Ave.

Portland, OR 97202

503-988-3400

503-988-5844 (fax)

infocair@multco.us



CAIR

Community Asthma
Inspection and Referral Program

Are your clients complaining
that their housing is making
them sick ?



Your client might qualify for
the CAIR program

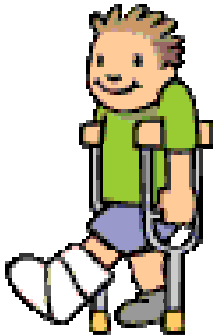
Community Asthma Inspections and Referral program (CAIR)

Project Description :

The CAIR Program is a three year HUD funded Healthy Homes Demonstration program designed to assist low income families with children experiencing health issues related to living in substandard housing conditions.

The goal of the CAIR Healthy Homes Program is to identify and remedy issues in the home that may contribute to illness or injury. Using a multidisciplinary team approach each home is evaluated and/or assessed for environmental issues including: safety issues, smoke, mold, chemicals, work-related contaminants, allergens and asthma triggers, lead, carbon monoxide, pests, radon and formaldehyde.

The CAIR Healthy Homes Program differs from the Multnomah County Healthy Homes and AIR Asthma programs in that it does not require a referral from a medical provider, but uses a community-based referral model. The CAIR program gives community-based organizations resources or options to assist clients with housing concerns related to health. With the CAIR model, community organizations, social service agencies and landlords will be able to refer vulnerable families to receive healthy homes services.



The CAIR project fills existing programmatic gaps by:

1. Opening doors to resources for low income families needing assistance to address their housing-related health concerns, such as asthma, eczema, allergies, and other respiratory illnesses. These families will not need to have a medical provider refer them.
2. Increasing community-based organizational capacity and knowledge of healthy homes principles and practices using documented training methods.
3. Strengthening existing relationships with landlords by enlisting landlord associations' support in marketing this program.
4. Providing remediation funding through HUD and local housing agencies to encourage landlords to prioritize remediation as a result of participation in this program.
5. Encouraging landlords and tenants to work together in resolving environmental issues by encouraging landlords to make referrals and by providing Healthy Homes educational materials.
6. Providing tenant education on healthy homes principles to increase their knowledge about how their behavior can contribute to environmental health in their home.



Multnomah County Health Department has contracted with Self Enhancement Inc., and Human Solutions. Both organizations will house a Community Remediation Specialist to conduct home assessments. Together with a CAIR nurse and an Environmental Health Specialist they will help develop family action plans to assist the family in improving their housing and health. The project will serve 320 families who meet specific eligibility requirements: families with at least one child affected by a health condition that may be remedied through healthy homes practices.

Housing repair will involve leveraging resources from local agencies such as Portland Housing Bureau, PDC Lead Program, and County Weatherization to serve low-income residents in need of housing assistance. Project partners have committed to work with the Health Department to direct their resources to address CAIR remediation action plans. A total of 67.7% of HUD funding (and 87.8% of the total project funding) will be dedicated to remediation activities.

The CAIR Healthy Homes model represents a cost effective approach. The majority of assessment work will be conducted by the Community Remediation Specialists after they have received training using methods already in place.

To make a referral to CAIR, logon to

<http://www3.multco.us/CAIR/>

Or contact CAIR at 503-988-3663* 24571

For more information contact Kim Tierney

503-988-3663*22850

Or email infocair@multco.us