

Get to know **ALL** of your benefits



Focus: Acupuncture for pain relief and substance use treatment

We want you to have safe, healthy options for pain relief. Your CareOregon benefit includes acupuncture treatment for many conditions that can be painful.

Providers may authorize acupuncture for conditions like these



Pregnancy – back and pelvic pain



Cancer-related pain



Migraine headaches



Back and spine conditions



Knee pain (arthritis)



Substance use treatment, such as nicotine, opioids or other substances, as part of a Medically Assisted Treatment plan

How to get acupuncture covered by your health plan

- ▶ Your provider must authorize acupuncture as part of your treatment.
- ▶ If you think acupuncture would be helpful, you may ask your provider to authorize it.
- ▶ We administer this benefit according to Oregon Health Plan guidelines.
- ▶ Many acupuncture clinics are listed in our provider directory:

careoregon.org/find-a-provider

Questions?

- ▶ If you have any questions about acupuncture or pain treatment options, or need other help, call **CareOregon Customer Service** at **800-224-4840** or **TTY 711**, or send us a secure message at careoregon.org/portal

careoregon.org



Acupuncture is covered by CareOregon, your Medicaid health plan. Learn more about us here.

When people talk about Medicaid in Oregon, you may hear them say a lot of different names or letters. That's because there are many organizations involved in making sure you get the care you deserve. How can you make sense of it all?

It helps to think of Medicaid in Oregon like a pyramid

Oregon Health Authority (OHA) runs the Medicaid program for the entire state of Oregon, which is called the Oregon Health Plan (OHP).



Oregon
Health
Authority

Health Share of Oregon (HSO) is what's called a coordinated care organization (CCO). Health Share of Oregon works under OHA to serve OHP members in the tri-county area.



health
share
Health Share of Oregon

CareOregon is one of several insurance providers in the tri-county area that help Health Share CCO deliver care. We also help coordinate oral health services for our members.



CareOregon®

Your primary care provider (PCP) might be a doctor, a nurse practitioner, a physician's assistant or a naturopath. They coordinate your acupuncture care with CareOregon and other medical team members like your primary care provider, pharmacists and others.



CareOregon provides services like these for Medicaid (OHP) members:

- ▶ Physical health care
- ▶ Mental health care
- ▶ Dental care
- ▶ Medicare
- ▶ Hospice and palliative care through Housecall Providers

You'll also be able to use important services like these:

- ▶ Care coordination
- ▶ Pharmacy
- ▶ Prenatal and infant care
- ▶ Transportation options
- ▶ Language interpreter services
- ▶ ER & urgent care

You can get this in other languages, large print, braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 855-722-8208 or TTY 711. We accept relay calls.