



Get to know your benefits

CareOregon is committed to helping you get and stay healthy.
Your benefits may cover physical health, mental health and more.



Health benefits

Physical health

- ▶ Visits to medical providers
- ▶ Lab tests and X-rays
- ▶ Pregnancy care
- ▶ Hospital stays
- ▶ ER and urgent care
- ▶ Vaccinations

Mental health and substance use treatment

- ▶ Counseling, therapy and medications
- ▶ Recovery support
- ▶ Peer support

Dental health

- ▶ Exams, X-rays and cleanings
- ▶ Fluoride treatments
- ▶ Fillings
- ▶ Tooth removal
- ▶ Dentures



Medical supplies and care coordination

Prescriptions and medical equipment such as:

- ▶ Wheelchairs
- ▶ Crutches
- ▶ Glucose monitors

Care teams that can:

- ▶ Learn about your health needs
- ▶ Make sure all your providers are talking to each other
- ▶ Get you the right supplies and resources
- ▶ Help you get the care and treatment you need

Additional benefits continue on other side



Non-emergency medical transportation (NEMT)

- ▶ Gas reimbursement for driving
- ▶ Free public transportation passes
- ▶ Shared rides



Care navigation

- ▶ Community health workers
- ▶ Birth doulas
- ▶ Peer support specialists



Language and translation services

- ▶ Free interpreters at doctor visits and at the pharmacy
- ▶ Translated written information
- ▶ Health coordinators who speak your language



Additional benefits

- ▶ Hospice and palliative care through Housecall Providers
- ▶ Social needs assistance
- ▶ Help to stop smoking
- ▶ Vision (limited)



Would you like to know more?

Call our helpful and friendly Customer Service team at **800-224-4840** or send us a secure message through **careoregon.org/portal**

You can get this document in other languages, large print, braille or a format you prefer. You also have the right to an interpreter. You can get help from a certified or qualified health care interpreter. This help is free. Call 800-224-4840, TTY 711, or tell your provider. We accept relay calls.