



Leah Nash Photography

How Healthy is Your Home? Is your home making your child sick?

IF YOU LIVE IN MULTNOMAH COUNTY,
YOU MAY BE ELIGIBLE FOR ONE OF
THESE **FREE** PROGRAMS.



Healthy Homes Asthma Program -

A Nurse Asthma Educator will make home visits to provide education, medication management and she will work with your provider to enhance the Asthma Action Plan. A Community Health Worker will work with you to improve the health of your home and link you to community resources. The program lasts for 6 months. It has significantly reduced ER visits and improved Asthma control.

CAIR – Community Asthma Inspection Referral Program –

This program is similar to the Healthy Homes program but is open to families with children who have other environmentally caused health conditions (respiratory problems, skin problems). Staff will help link families to resources to repair housing, needed supplies and/or access medical care.

AIR – Asthma Inspection Referral Program – An

Environmental Health Specialist will come to your home to identify things that may be making your child’s asthma worse. He will provide you and you doctor with a report on how to make your home more healthy.

- Do you have a fireplace or woodstove?
- Do you use incense, bleach or air fresheners?
- Do you have mold?
- Have you seen a cockroach, mouse or rat in your home?
- Do you use the services of a child care provider?
- Would you like help figuring out the best way to give your child their inhaler medication?



Multnomah County Healthy Housing

3653 SE 34th Avenue
Portland, OR 97202

▶▶▶ For information contact us at
(503) 988-3663 * 24571
infocair@multco.us
<http://www3.multco.us/CAIR/>

Please call for a **free** Healthy Housing Consultation