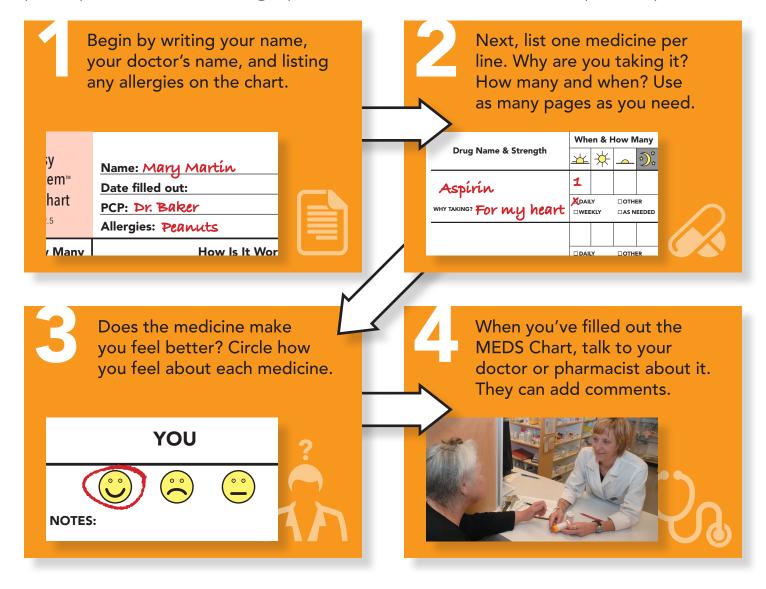


My Easy Drug System

The MEDS™ Chart is easy to use. It helps you, your doctor and your pharmacist manage your medications in four simple steps:



The MEDS Chart helps you make sense of your medicines. It will help you stay organized and learn what works best for you. You can share your MEDS Chart with anyone who helps you. Have your medications changed or have you started seeing a new doctor? Repeat the four steps, and share your chart again. You can repeat as often as needed.



Use this QR code to watch a quick video. www.careoregon.org/ MEDS-quickstart

