

Behavioral Health Network Adequacy Report Health Share of Oregon: Q3 2025

This report is intended to highlight key areas of member access for outpatient behavioral health services in Health Share of Oregon. It offers a snapshot of current conditions and may not reflect the individual experiences of specific providers, which may vary by provider type. This data will illuminate areas of member and provider need, trends reflective of network adequacy, and potential opportunities for network development and support.

Data is pulled from existing reports stemming from access initiatives and include metrics that show a general health of access. Data sets are presented in four categories:

- 1) **Provider network:** Focus of this data is to understand the volume of providers in the network
 - a. Total outpatient providers
 - b. Outpatient provider average time serving the network
- 2) **Provider reach:** Focus on the number of members served by providers and frequency of service
 - a. Average members served per provider
 - b. Average services per provider
- 3) **Member experience:** Focus on penetration rate of members with a breakdown by various demographics. Penetration rate reflects the number of active members engaged with BH services.
 - a. Mental health and SUD penetration rates
- 4) **Culturally specific outpatient:** Focus on programs that provide culturally specific services to members.
 - a. Culturally Specific provider counts
 - b. Average members per provider
 - c. Average services per member

This data was gathered primarily from claims, notifications of treatment, member demographics, and provider self-reported data fields. Charts with *grey dots* indicate averages or totals.

Note: The data sources feeding this information have changed. As we work through data validation efforts internally, you may see a difference in the formatting from previous versions of this repo

September 2023 Update:

Overall trends remain steady when compared to May 2023 report. Provider graphs have been split into COA, non-COA, and all outpatient providers. COA providers have been identified based on providers marked as COA in the Tier 2 Fee Schedule. A couple graphs show a small decrease in numbers at the very end of Q3 2023; this is likely due to claims lag and not indicative of actual decreases in access in that quarter.

December 2023 Update:

The overall number of providers serving Health Share of Oregon members is starting to trend upward towards the end of 2023. This trend is consistent across both COA and non-COA providers. The average tenure of a provider in this region is trending down, but this could also be consistent with an increase in new providers in the region. Trends for average members and services per provider remain overall consistent with 2022 trends.

In the Culturally Specific space, there is a small upward trend for overall number of members accessing services, while the total number of providers has remained consistent with 2022 numbers.

June 2024 Update:

This is the first update to include the transition period to a new claims processing system with BHSI. This transition happened October 1, 2023. This report has been updated to merge data from both processing systems where needed.

The provider retention graphic, “Outpatient Provider Average Years Serving Members,” has been updated to include provider type breakouts to remain cohesive with other metrics in the provider network and reach sections.

October 2024 Update:

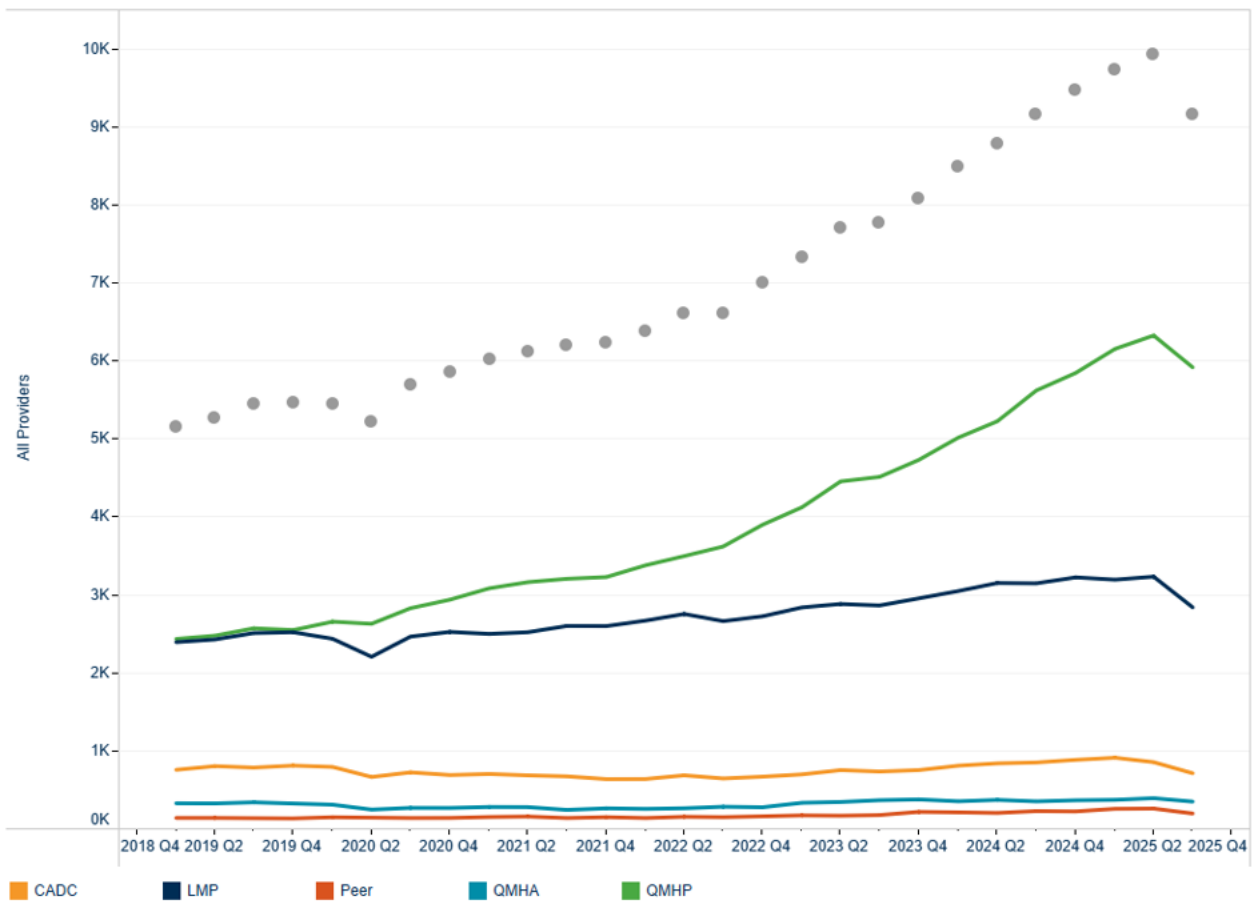
Data is updated through the end of Q2 2024 for all claims-based reporting. The Specialty Program Waitlists data has data through the end of 2023. Updated data is currently being gathered for presentation in upcoming reports.

November 2025 Update:

The data sources feeding this information have changed. As we work through data validation efforts internally, you may see a difference in the formatting from previous versions of this report

Provider's Serving Health Share of Oregon

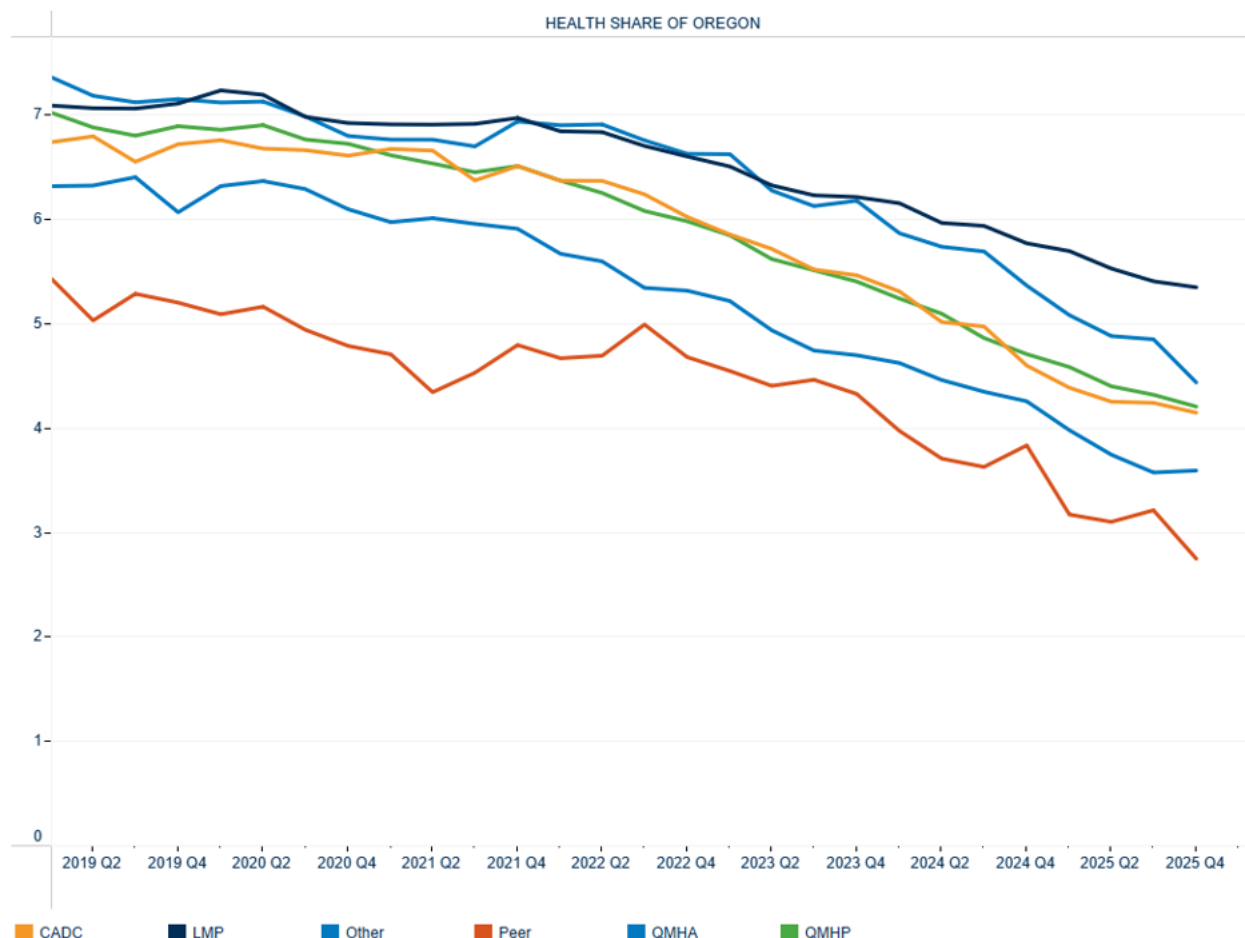
Total Providers Serving the Network - HEALTH SHARE OF OREGON



- Gray dotted line indicates total number of unique rendering providers, both contracted and non-contracted.
- QMHP includes registered associates, licensed or, those neither registered nor licensed.
- Includes only providers with paid BH claim within the quarter.

The data indicates an acute decrease in QMHP and LMP provider types, CADCs showing a slight decline, and QMHAs and Peers remaining relatively stable. This may be indicative of recent changes to policies around open access to non-contracted behavioral health providers.

Outpatient Provider Average Years Serving Members

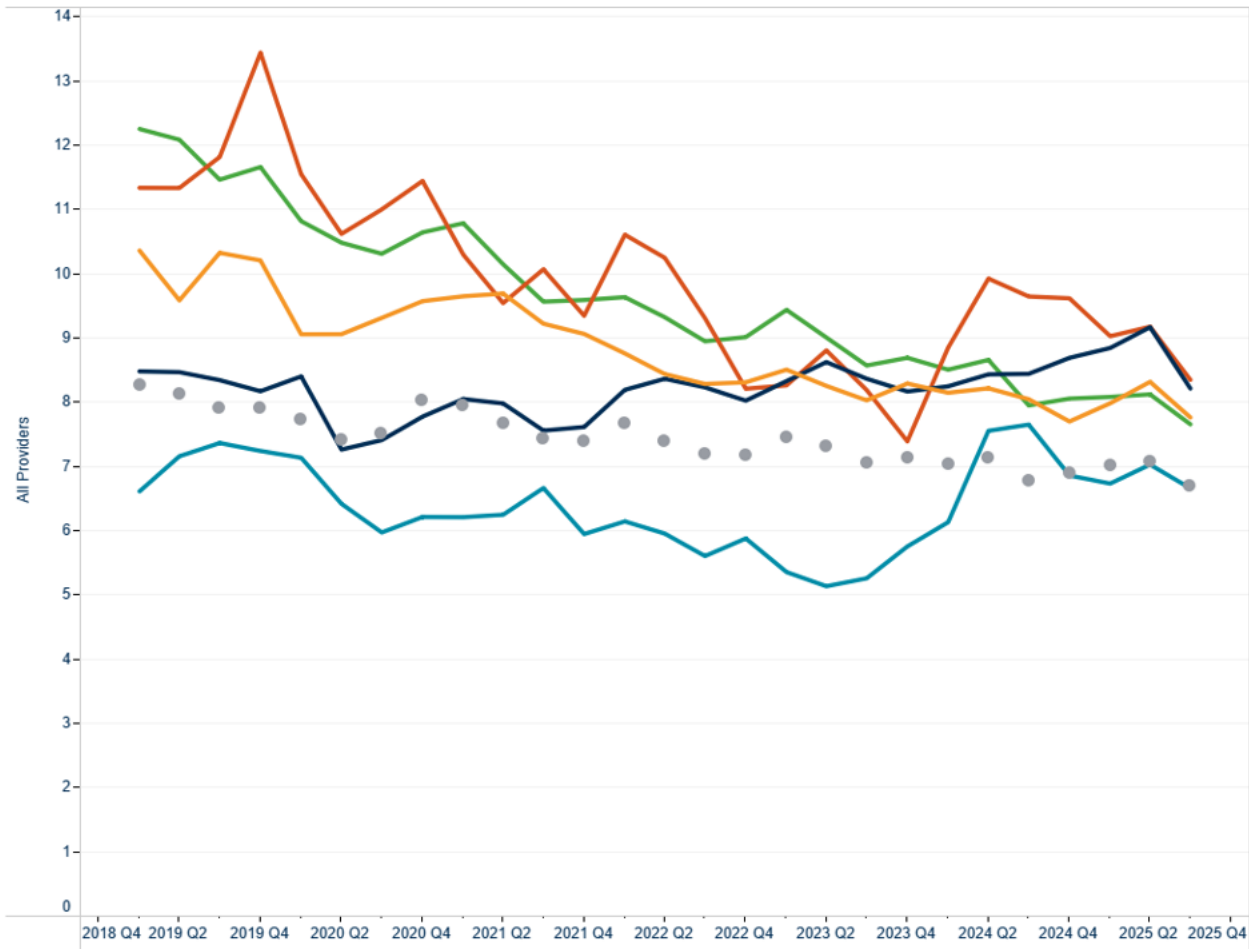


- Average time for individual providers serving CareOregon members. Range is individual providers' first claim to most recent.
- Calculated by national provider identifier (NPI).
- Same provider criteria for total outpatient providers data set.

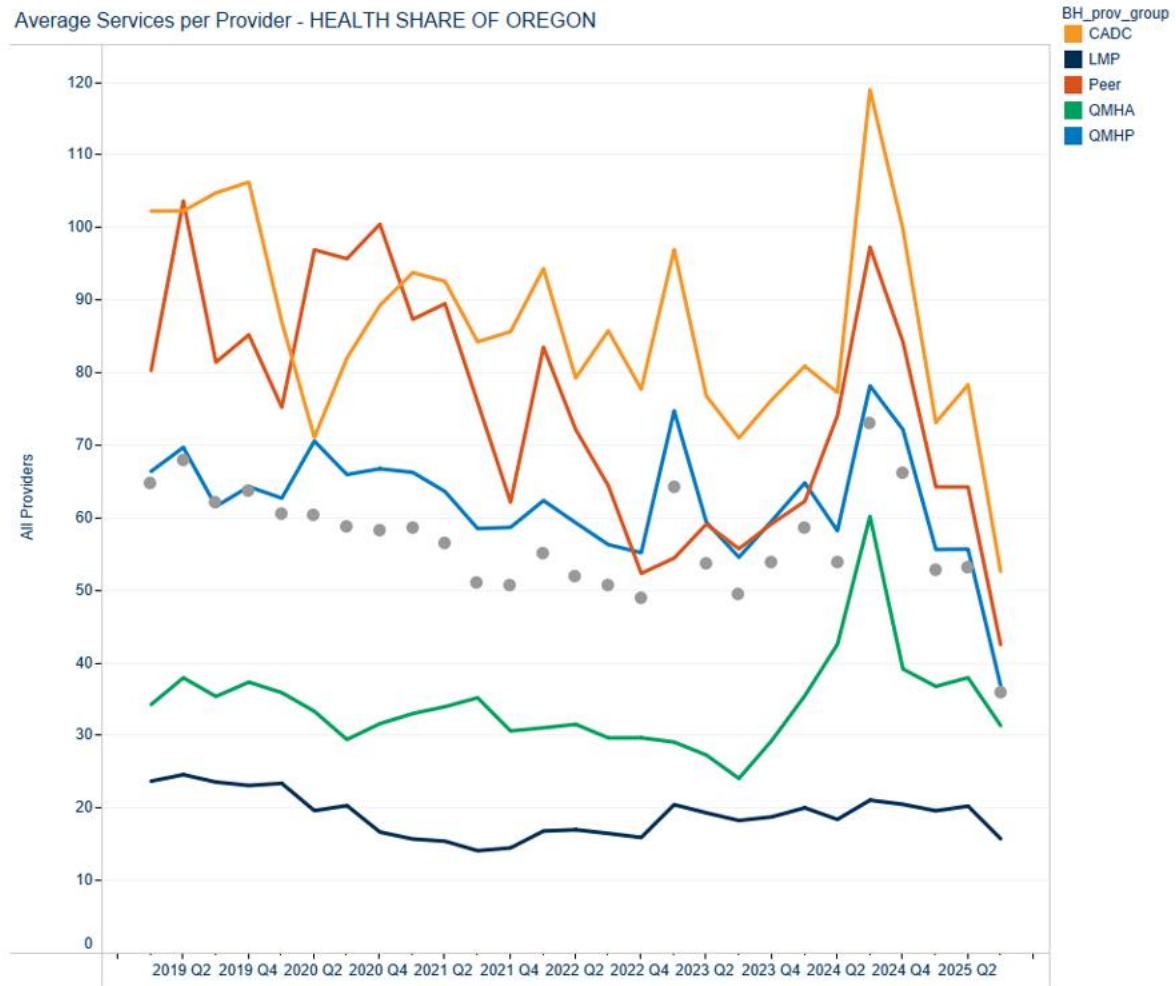
Since 2019, we've seen a steady decrease in the number of years, on average, that providers within our network have been serving Health Share CareOregon BH members. More research on this metric would aid in understanding the cause of the decline, it may be that expansion of telehealth brought an increase in new providers to regions. Anecdotally, systemic issues of burnout, cost of living, etc., may also be factors. Organizations with high instances of turnover could also lead to relying on new providers with less time in the field.

Provider reach

Average Members Served per Provider - HEALTH SHARE OF OREGON



- Average unique members served by outpatient (OP) behavioral health, providers per quarter
- Calculated by national provider identifier (NPI).
- Same provider criteria for total outpatient providers data set.
- The drop going into Q3 2025 is due to claims lag. Typically, a 3 month claim lag can be expected.



- Average services per provider per quarter
- Services defined by a single claim line
- The drop going into Q3 2025 is due to claims lag. Typically, a 3 month claim lag can be expected.

Member experience – Health Share of Oregon

Penetration Rates

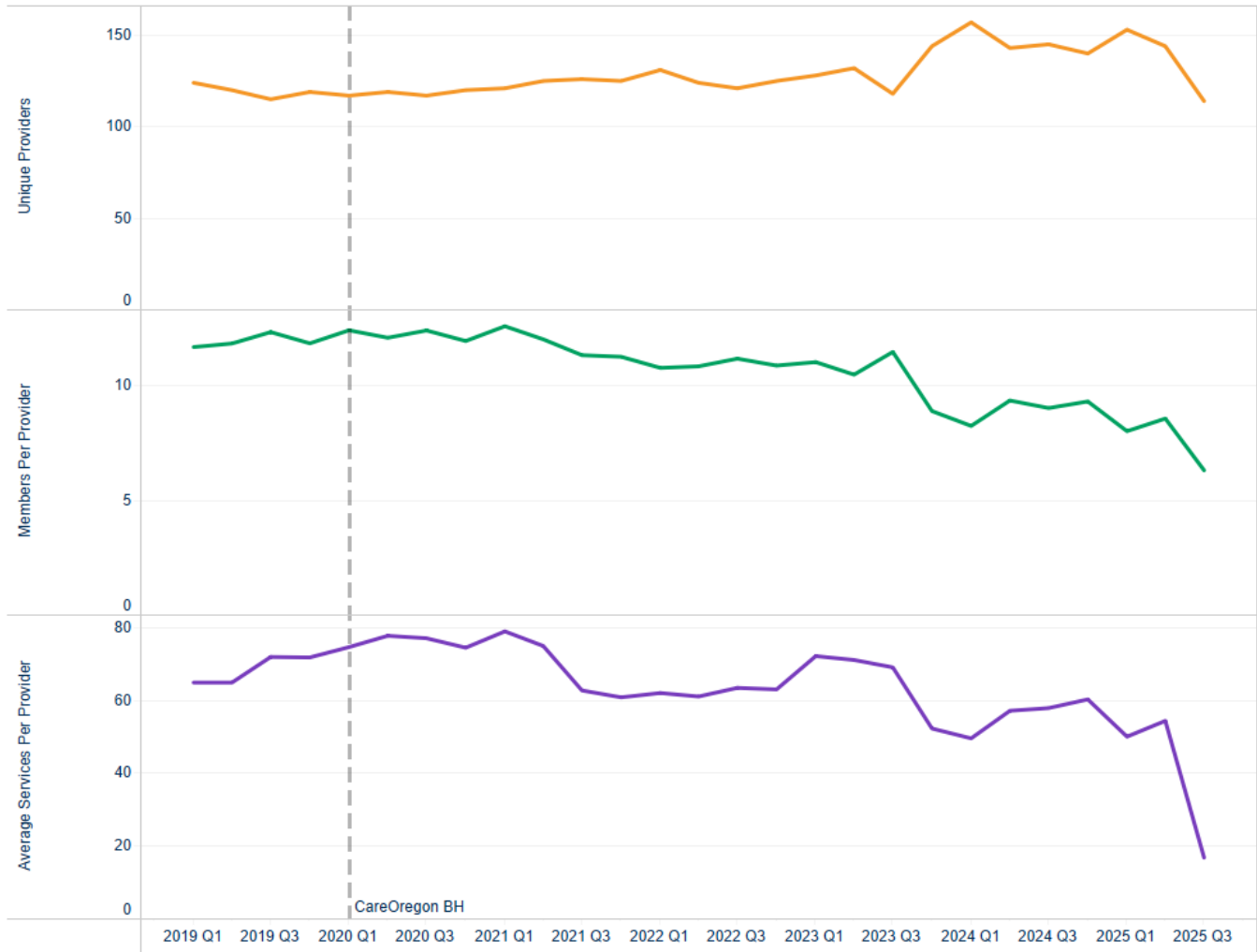
Health Share of Oregon Penetration Rates



- Penetration rate defined as percent of members receiving services of those enrolled in Health Share behavioral health services
- SUD/MH defined based on ICD primary dx
- Rate in current graphs does not include behavioral health in primary care settings (specialty only)

Culturally Specific Outpatient Mental Health

Culturally Specific Services



Note: The data sources feeding this information have changed. We are working through data validation efforts internally to better understand impacts to trends visualized above.

- *Culturally and Linguistically Specific Services (CLSS) were included if detailed on a Notification of Treatment or a CLSS claim.*
- *Including but not limited to the following providers: Asian Health Services, CCC (Karibu), Lutheran Community Services, NARA, OHSU (Avel Gordly and IPP).*
- *Services are defined as a single claim line.*