

# Diabetes and oral health

Improve patient outcomes



## OHP dental benefits

All OHP members have a comprehensive dental benefit package which includes services such as:

- ▶ Exams, X-rays and cleanings
- ▶ Fluoride treatments
- ▶ Deep cleaning for gum disease
- ▶ Fillings
- ▶ Tooth removal
- ▶ Partial dentures
- ▶ Full dentures
- ▶ Crowns
- ▶ Root canals



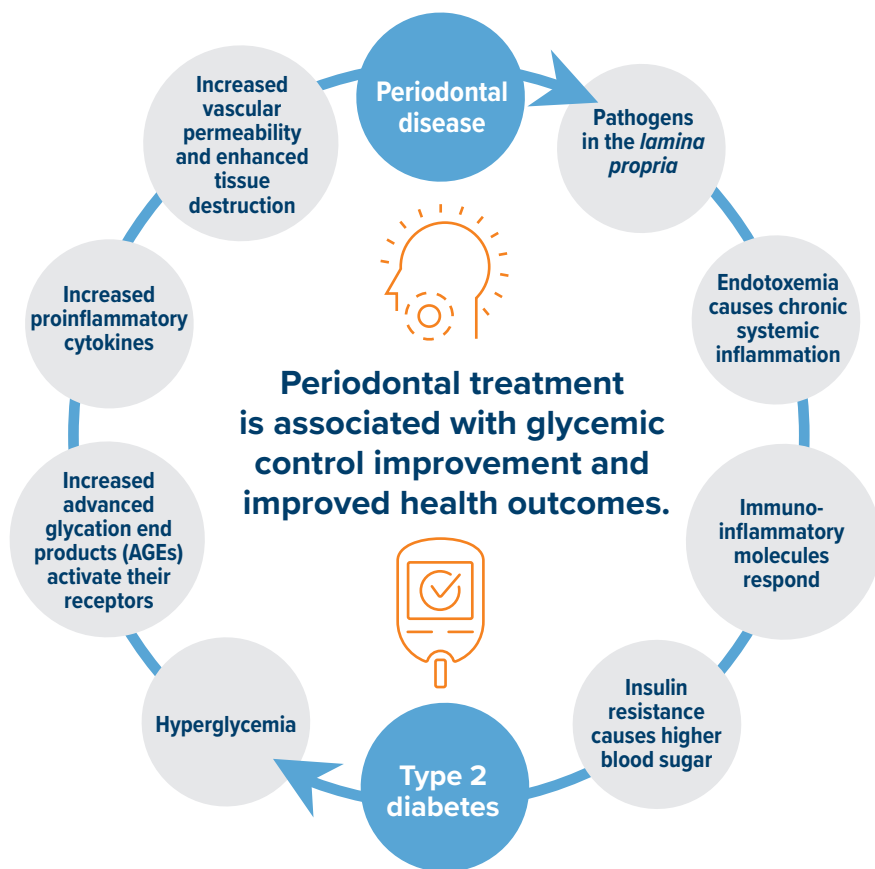
*Limitations may apply.*

Thank you for helping patients with diabetes understand the link between physical health and oral health.

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Portland, OR 97204  
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## Add an oral health check-in to routine diabetes care

Help patients improve their diabetes management during routine care visits — take a moment to check in about their oral health. Oral health and diabetes have a bidirectional relationship: poorly managed diabetes can increase the prevalence and severity of periodontal disease, and oral health conditions can negatively impact HbA1c levels.



## Take two

### Two minutes to improve patient outcomes

When you see patients with diabetes, ask:

- ▶ Do you have any concerns about your oral health?
- ▶ When was your last visit to the dentist?
- ▶ Do you know that diabetes can affect your teeth and gums?
- ▶ Do you know why a healthy mouth is an important part of your diabetes management?
- ▶ Do you need help finding a dentist?



## CareOregon oral health resources and provider support

We offer resources to support oral health management and connect patients to dental care:

- ▶ Educational curricula and training for provider teams
- ▶ Data and dashboard tools
- ▶ Navigation to dental tools
- ▶ Technical assistance
- ▶ Support for workflow implementation and any questions



Contact [oralhealth@careoregon.org](mailto:oralhealth@careoregon.org) for details.