

# Submitting a Request with a To Be Determined (TBD) Provider –

BH Navigation Team Support Request

## Entering Behavioral Health Authorization Requests with TBD Provider

You will begin the process the same as entering a regular Behavioral Health Authorization request:

#### **BH Referrals/ Authorizations**

1. Click on BH Referrals/Authorizations



- 1. Fill in each of the required fields:
  - a. Patient

Referral & Authorizations / Search Behavioral Health	sion			
Patient				
Search Current Patients	/			
Select a patient				
S Deferral & Author	izatione / Search Denueste			
Search Current Pa	tients			
tient Member ID	First Name	Last Name		
ID Number	First	Last		

## b. Diagnosis

earch

Patient	
Search Current Patients	
MEMBER, IMA ×	
Diagnosis Search and select a diagnosis F33.1	Search for More



	Modify Search ~	Click Add
MAJOR DEPRESSI	VE DISORDER RECURRENT MODERATI	- A A 44
Code F33.1	Code Set ICD10CM	Add
		1 - 1 of

c. Requesting Provider (the provider making the request). This is a required field.

Diagnosis			Search
Search and select a diagnos	is		More
			Q
F33.1   ICD10CM   MAJOR	DEPRESSIVE DISORDER RECURR	ENT MODERATE	×
Requesting Provider Requesting Provider	Rearch for Contact Name	Contact Info	Phone •
Servicing Providers Servicing Providers	Contact Name	Contact Info	
	Q		Phone •
		Contact Info	
			Fax 🔻
Requesting Provid	der		Fax •
Lifeworks		ype	

Close		



#### d. Servicing Providers

The servicing provider is the one that will provide the service that is being requested.

These service types will **ALWAYS** be submitted as "**TBD** (**To be Determined**) **BH PROVIDER**" so the **Behavioral Health Navigation (BH Navigation Team**) team can work with the members and providers to find the servicing provider:

- Assertive Community Treatment (ACT) must be Provider TBD
- Level D Child INITIAL ONLY must be Provider TBD
- Level D Adult ICM and TAY <u>INITIAL ONLY</u>- must be Provider TBD

To contact the BH Navigation team, email SPOC@careoregon.org or call 503-488-2253. In some instances (like ABA), this team will be able to assist in locating a provider. However, it is preferred that you call Provider Customer Service at 503-416-4100 (option 3) for this support.

### BH Navigation Team Process

Once a request is received for the following, it will auto-approve:

**Level D Child Initial** – *must be Provider TBD* **Level D Adult ICM and TAY Initial** - *must be Provider TBD* 

Once a request for **Assertive Community Treatment (ACT) Initial**, it will pend for clinical review.

In both instances, after approval, the BH Navigation Team will be notified so they can begin working with the provider and/or member in order to find a provider with an opening. They will monitor the request until which time the member admits to care or the request is withdrawn. The team will also work to ensure that the service start and end date is adjusted to reflect the actual service dates. These service types *can* be submitted with "TBD BH PROVIDER" if necessary, but it is preferable that the Servicing Provider be identified prior to <u>or</u> that the servicing provider submits the request once they have agreed to accept the member.

- ABA Applied Behavioral Analysis
- Subacute (Youth)
- Psychiatric Residential Treatment Services (PRTS, Youth)
- Psychiatric Day Treatment Services (PDTS, Youth)
- Eating Disorder Residential
- Eating Disorder Partial/IOP
- Psychological Testing
- Transcranial Magnetic Stimulation (TMS)
- Electroconvulsive Therapy (ECT)

Please note that submission and approval of a prior authorization does not constitute a referral to a provider. The "Referring Provider" needs to coordinate a referral to the "Servicing Provider" to initiate care. If the "Referring Provider" needs care coordination support or consult, they can contact the Regional Care Team at 503-416-3731.

If a member has multiple care coordination needs, they may be referred to CareOregon Care Coordination – Regional Care Team (RCT).

You may submit a referral any of the following ways:

- **Online:** Submit a completed <u>Care Coordination Referral</u> <u>form</u> and we'll route it to that appropriate RCT
- Email: Send us a completed form to <u>ccreferral@careoregon.org</u>
- **Collective (PreManage):** If your clinic uses this online platform, check the RCT tag after searching for your patient
- Call: Our Care Coordination team can be reached at <u>503-416-3731</u>, or reach out to our Provider Customer Service team at <u>503-416-4100</u> (option 3) and we'll connect you to the member's assigned team



#### e. Service Details

• Select Service Category

Service Details				
Service Category				
Mental Health ×	•			
Mental Health	)at			
Substance Abuse	14			

#### • Select Service Type

Service Details	1	
Service Category	Service Type	Urgency
Mental Health × 🗸	Select 💽	Standard × 🗸

#### • Select Urgency

Service Details		1
Service Category	Service Type	Urgency
Mental Health × •	Select 👻	Standard ×

- Select Service Units
  - Select the appropriate type and number for the service type you selected above. This <u>is not</u> a required field!
- Select Service Dates
  - Select the Start Date of the service
  - Select the End Date of the service
    - a. These can be left blank or entered as an estimate.
       CareOregon staff will adjust these once a member has been accepted by a provider for the service.

Service Deta	ails						
Service Catego	ory		Service Ty	/pe		Urgency	
Mental Healt	th×	•	Select		•	Standar	- ×b
Service Units	-	Start Dat	te		End Date		
	Days 🔻	04/14	4/2023	ä	04/21/2023		
Requested	Days Months Units Visits	Ires			~		

• *Requested Procedures – enter requested procedures if desired.* 

This <u>is not</u> a required field. The service types using a "TBD BH Provider" are often a code group. CareOregon staff will add these at the time they review the request.

*If you decide to enter the requested procedure, follow the steps below.* 

Requested Procedures	
Procedure Code	
Begin Typing to Search	Q
Requested Procedures	
Procedure Code	
806	Q
90845   CPT   PSYCHOANALYSIS	×
90880   CPT   HYPNOTHERAPY Option that fits.	
90849   CPT   MULTIPLE-FAMILY GROUP PSYCHOTHERAPY	
90870   CPT   ELECTROCONVULSIVE THER	
90846   CPT   FAMILY PSYCHOTHERAPY	

#### f. Remarks

i. Type in any additional remarks/comments

Additional Information	
Remarks	
Records attached.	
Characters remaining: 208 / 225	

#### g. Add Paperwork

- *i.* Upload the request and applicable chart notes/medical records
  - *ii.* To upload records, click "Add Paperwork"



## 2. Save the request as a template (if applicable)

a. This is helpful for requests that are submitted frequently for a specific level/type of care. After saving, you will need to name the template.
See the job aid, *Connect Job Aid – Creating a Template for Common Requests* on the CareOregon website.

## 3. Submit the Request

Paperwork	
*Description	
Medical Records	
*Report Type	*Transmission Method
Medical Record Attachment ×	Electronically Only× •
*File	
Et Choose file to add	Delete
+ Add paperwork Submit Load Save Submit Load Save If you we care with "Save," I click If you do click "SUBMIT	ish to save this request as a ex. if you request this level of these codes frequently, click name your template and then tok. Next, click "Submit." not wish to save the template, Submit." YOU MUST CLICK FO TRANSMIT THE REQUEST!

#### <u>Status</u>

After submission, you will see the status of your request.



\*\*\*\*NOTE: There will be a request number shown after 10/01/2023!