



Recuperative Care Program (RCP)

2023-2024

About the Recuperative Care Program:

Central City Concern's (CCC) Recuperative Care Program (RCP) provides medical recuperation services for low-income and homeless individuals who have received medical care and would benefit from continuing and proactive support to effectively recover.

By providing access to health care, immediate placement in transitional housing and intensive case management services, RCP improves health outcomes for at-risk patients, improves the efficiency of participating hospitals and prevents patients from being discharged into shelters or onto the street.

Since its inception in 2005, RCP has served thousands of individuals, with over 65% resolving their acute medical condition, over 90% engaging with a primary care provider upon program exit and over 60% transitioning into stable housing.

RCP is comprised of an intensive, multidisciplinary, person-centered support team, including patient navigators with social work, mental health and public health backgrounds; RN care managers; housing support focused on transition planning; and logistics and facility staff. Limited support is provided by an MD.

RCP Service Model

Program participants are referred directly from local hospitals and, after an initial screening, are transported to designated beds at CCC's Blackburn Center where they receive:

- Trauma-informed, person-centered, and **Intensive Case Management**, including daily client monitoring.
- Dedicated access to **Primary Care** at Evergreen Crossing Primary Care Clinic
- Secure **Transitional Housing**, including personal hygiene supplies, and options for nutritional support.

RCP participants also receive:

- Daily social contact and access to a variety of resources geared to address social determinants of health.
- Support in making and keeping appointments with agency and non-CCC health care providers (including support with transportation resources).
- Transition planning, including follow up monitoring, ongoing case management and assistance securing medically appropriate placement or treatment.
- Complex care coordination across health, housing, treatment, employment and benefits systems.
- Tailored interventions, support in self management and goal setting, and crisis response, in concert with primary care which extends beyond the period of respite housing.

Admission Criteria

- Single adult, 18 or older.
- Lack medically stable housing.
- Willingness to engage in care and independence in ADLs as defined by Oregon Administrative Rules.
- Medical needs post discharge (e.g. infusion, PT/OT, wound care, non-weight bearing status, post-surgery recovery needs, linkage with primary care, etc.).
- Must be able to keep and administer own medications.

RCP accepts patients with many different conditions and needs, including:

- Home oxygen
- Wheelchairs
- Wound care with follow up by home health or other wound care expert based on care plan established prior to RCP admission.
- Acute and chronic pain with care plan established prior to admission to RCP.

Referral to RCP originates from a hospital or an outpatient community health setting.

Location and Contact Information

Call 503-517-0321 to make a referral.

Patients stay at Evergreen Crossing (8225 NE Wasco, Portland, OR), where they have access to primary care. The supervising physician for RCP is Madden Rowell, MD.

RCP is designed to:

