



Summit A-ICU

Who is the Summit Team?

- Providers: Meg Devoe, Casey Ferguson
- Social Workers: Dennis Falcione and Lydia Mitchell
- RN: Brandon Deyo
- Care Coordinators: Amber Shaw, Mika Yoshioka
- Pharmacists: Jan Biernacke, Theo Pham
- Health Coordinator: Eileen Douglas
- Team Manager: Eileen Vinton
- Data Analyst/Research: Brian Chan

Other Information:

- Summit began seeing patients September 21, 2015
- Functions as an ambulatory intensive care unit that strives to simplify healthcare for the most medically complex patients using an interdisciplinary approach
- Desire to improve community approaches to complex care
- Focus on harm reduction and relationship-building with patients

Who is a Summit Team patient?

- Someone with advanced medical illness that is expected to deteriorate over time without more intensive care
- Someone who may not go to the ED often, but when they do, they are admitted to the hospital
- Isolated, with need for medical coordination and navigation
- Need for intensive medication management
- Poor social structure
- Untreated or severe behavioral health condition which drives their medical complexity
- Low self-efficacy
- Patients who “keep you up at night”

What can the Summit team provide for these patients?

- Longer visits with care team members
- Occasional home visits, in-hospital visits by care team
- Enhanced support with medical specialists and other referrals
- Smaller patient panels allow team members to streamline and simplify care
- Palliative care consultation by the care team if needed
- Medication management for multiple chronic conditions by pharmacist
- Extended access to care team

Who is a “complex” patient who might not be a fit for Summit?

- A patient with multiple hospitalizations related to mental illness or substance use disorder (consider referral to Specialty Behavioral Health)
- Someone with multiple ED visits (for medical or BH health conditions), but is not likely to get admitted for medical reasons (consider HRS referral)
- Someone who persistently calls/visits care team seeking to get needs met