## Care coordination and the Regional Care Teams

**CareOregon Regional Care Teams** (RCTs) offer providers a community of resources with a single point of contact for you and your patients. RCTs work closely with providers and members – through both telephonic and community-based support – to smooth the way to better care and better outcomes.

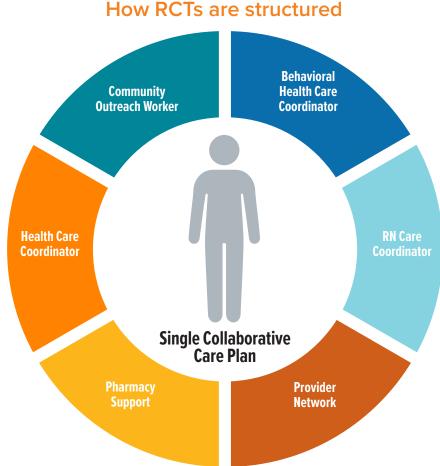
Each RCT is made up of care coordinators with a variety of backgrounds and experience, including:

- Nursing
- ▶ Behavioral Health
- ▶ Substance Use Disorders
- Pharmacy
- ▶ Health system navigation
- ▶ Local community resources
- And others

## When to call your RCT

RCTs offer care coordination and support for patients with multiple or complex needs, such as:

- Multiple chronic conditions
- ▶ High or special health care needs
- ► Chronic pain needs
- ► In-home care needs
- ▶ Daily living or social needs
- ▶ Medication review and support
- ► End-of-life support
- Substance use
- ▶ Behavioral health concerns
- Oral health concerns



With care coordination through RCTs, we will deliver the right care, at the right time, in the right place, with the right team.





## How to make a care coordination referral

Call your RCT directly at the number listed below or email *ccreferral@careoregon.org* 

RCT name	Phone number	Region/clinic system
Steel	503-416-3727	Washington County   OHSU Clinics   House Call Providers
Abernethy	503-416-3729	Clackamas County   Adventist Clinics
St John's	503-416-3726	Multnomah County — west of I-205
Tilikum	503-416-1770	Multnomah County — east of I-205
Sellwood	503-416-3768	Maternal Child Health   Pediatric Clinics   Foster Care Youth
Burnside	503-416-3657	Central City Concern
General/Unassigned	503-416-3731	No RCT Assignment   Unknown

Not sure which RCT to contact? Call our unassigned care coordination line at 503-416-3731 or Customer Service at 503-416-4100 and we'll connect you to your assigned team.



