



CareOregon Food Rx™ Newsletter

January
2019

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Hollywood Senior Center

If you're looking for a fresh start during the New Year, check out the Hollywood Senior Center! Learn a new skill or get active with one of their many classes.

Every Tuesday and Thursday, the center provides a free, hot meal through Loaves & Fishes. The center also offers an LGBTQI luncheon on Wednesdays at its satellite location, The Metropolitan Community Church. All meals are for those 60 years or older.



There is a suggested donation of \$3, but no one will be turned away.

For more information, visit:
hollywoodseniorcenter.org/support/health-wellness/



Hollywood Senior Center

1820 NE 40 Ave
Portland, OR 97213
11:30 am to 12:30 pm Tuesdays &
Thursdays



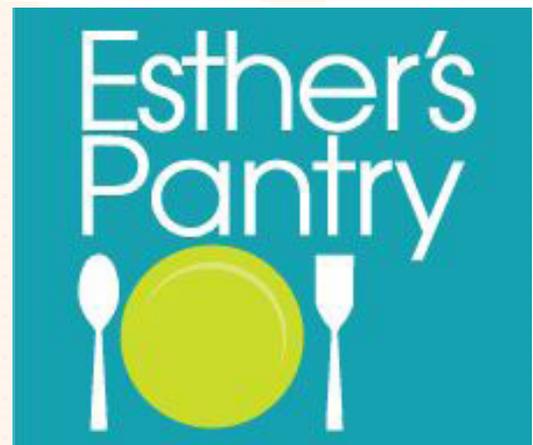
The Metropolitan Community Church

2400 NE Broadway St
Portland, OR 97232
Noon - 1 pm Wednesdays

Esther's Pantry

Esther's Pantry is an organization that provides services to low-income people living with HIV. The pantry is well-stocked and allows clients to pick what they want.

It offers groceries, personal care items and pet food. The pantry is currently accepting referrals.



To find more information and check eligibility, visit:
ourhouseofportland.org/index.php/programs/esthers-pantry



Esther's Pantry

10202 SE 32nd Ave, Suite 601
Milwaukie, OR 97222
1 - 4 pm Mondays
2 - 5 pm Tuesdays
2 - 5 pm Thursdays

Food for Families

Put on by students in the Future Business Leaders of America program, Centennial High School is hosting a one-of-a-kind, free mobile food pantry inside a school bus.

There is no identification or address verification required. Please provide your own grocery bags.



For more information, visit:
food4families.net/



Centennial High School

3505 SE 182nd Ave
Gresham, OR 97030
4:30 - 6:30 pm, Wednesday Jan. 9 & 23

HomePlate Youth Services

HomePlate Youth Services is a nonprofit that supports the development of youth who may be experiencing housing insecurity.

To foster community, the organization offers drop-in times three nights and one afternoon per week.

Volunteers provide basic necessities, along with hot meals and to-go food. The drop-in meals are for youth ages 12 - 24 (and their children).

HomePlate also offers fun activities like board games and craft projects to engage supportive adults and youth.



For more information, visit:
homeplateyouth.org/drop-in/



HomePlate Youth Services

12529 SW Third St
Beaverton, OR 97005
6 - 8 pm Mondays
2 - 5 pm Tuesdays



First Congregational United Church of Christ

494 E Main St
Hillsboro, OR 97123
6 - 8 pm Thursdays

Food Rx

If you'd like to receive this newsletter every month, or have a suggestion to share, contact foodrx@careoregon.org

CareOregon Food Rx helps people improve their health through good nutrition, and builds bridges between food resources and the people who need them.